



Why Am I Here, God?

A poem by Dr. Mihai • Published in April, 2023

I am here to listen with care for the miracles in people;
not to work miracles for people myself...

I am here to teach kindness for one to discover how they are feeling;
not to make their feelings go away...

I am here to assist others to identify their options;
not to decide for them in any way...

I am here to instill hope of available steps and outcomes;
not to take those steps for them instead...

I am here to share the love of discovery to their own strengths;
not to rescue them endlessly from their vulnerabilities...

I am here to have faith on how a person can help themselves;
not to take responsibility for helping them...

I am here to guide a person toward learning to choose wisely;
not for me to make choices for them...

I am here to provide support in facilitating change;
not to change them in any way...

I am here to deliver optimism in uncovering their best;
which is hidden in all of us like a mysterious treasure,
buried through the I'M-POSSIBLE words we say to ourselves, every day.

Why am I here God? I ask of you today...
and with love and peace to you, My God, I pray!

Dedication

This poem is dedicated to all mental health professionals who put forth their humanity in making the world a better place through their commitment to God, while in service to those in dire need.

Signed, Dr. Mihai